

NEWSLETTER

Sunday 1 August : Trinity 9

Exodus 16.2-4, 9-15; Ephesians 4.1-16; John 6.24-35



Today

- 8.00am Holy Communion : St Nicks, Dunnington
Revd Canon Nick Bird
- 9.00am Holy Communion : St Mary, Warthill
Revd Mark Poole
- 10.30am Holy Communion : St Nicks, Dunnington
Revd Mark Poole (with music by Laudate)
- 10.30am Morning Worship : Holy Trinity, Stockton
Revd Canon Nick Bird



[Benefice Worship Service](#) (youtube)
with a homily from Revd Canon Nick Bird



Dial 899433 anytime to listen to our online Sunday service for the cost of a local call.

This week

Monday 2 August

9.00am [Morning Prayer \(zoom\)](#)

Tuesday 3 August

9.00am Morning Prayer : St Mary, Warthill

Wednesday 4 August

- 9.00am Holy Communion : St Nicholas, Dunnington
- 10.00am Holy Communion : Holy Trinity, Stockton
- 7.00pm [Compline \(zoom\)](#)

Thursday 5 August

9.00am [Morning Prayer \(zoom\)](#)

Sunday 8 August : Trinity 10

1 Kings 19.4-8; Ephesians 4.25-5.2; John 6.35, 41-51

- 8.00am Holy Communion : St Nicks, Dunnington
- 9.00am Holy Communion : Holy Trinity, Holtby
- 10.30am Morning Worship : St Nicks, Dunnington
- 10.30am Holy Communion : Holy Trinity, Stockton



[Benefice Worship Service](#) (youtube)

'I am the bread of life'

A reflection by Revd Mark Poole

The lectionary for this Sunday orientates our hearts and minds to ponder the words of Jesus: 'I am the bread of life. Whoever comes to me will never be hungry.' (John 6:35) This notion of Christ as a source of life also finds expression in our staple prayer, the Lord's Prayer. A prayer that is reassuring enough to be on the lips of the dying and yet dangerous enough to be banned in cinemas. A prayer famous enough to be spoken each day by billions of people in thousands of languages and yet intimate enough to draw us ever closer into friendship with Jesus Christ. A prayer simple enough to be memorised by children and yet profound enough to sustain a whole lifetime of prayer. A prayer that takes us to the very heart of Christ, the Bread of Life.

The words 'Give us this day our daily bread' are an open invitation to look to God for all our needs. Whatever our yearnings, physical, emotional, or spiritual, God, the Bread of Life, will take care of them if we daily lean into Him in prayer, feed on Him in our hearts and trust Him to provide for us in every way. Eloquence and pious words are not prerequisites. Sometimes we just don't know what to say, and that's ok. God delights that we are in His company so that He can restore us, heal us, bless us, and communicate His will to us.

Bread, in its many and various forms, is a wholesome and staple food across the world that fuels and gives power to the body. Similarly, the daily bread of Christ is the power that shapes, moulds, transforms and grows us into disciples of Christ. The bread of Christ becomes the power for living, loving and serving with generosity, compassion and love. It becomes the bread for the poor, the lost, the needy and the broken.

Do you need to ask the Bread of Life for help in a situation in your life right now? Do you feel like your relationship with the Bread of Life is a little stale and that you just want to receive from Him afresh? Or maybe you know someone who needs to hear and know in their hearts the words of Jesus 'I am the Bread of Life.'

Then pray with me.... 'Our Father.....'

Mark



Booking no longer required in Dunnington and Stockton

Booking is no longer required for any of the regular services in our four parish churches.

We ask that people be sensible about where they sit, to maintain a safe distance from others.

We will continue to clean and ventilate the churches well, and provide individual chairs for those who would prefer them.

We strongly encourage you to wear a face covering in the church buildings, out of consideration for others. Thank you.

If you need help/support but don't know who your local Community Support Group volunteers are, please contact Rev Nick Bird 01904 489349 or revnickbird@gmail.com and he will put you in touch with your local contact.



Parish Churches News & Events

Nick's Epic Walk.

Huge congratulations to Revd Nick who completed his epic 80-miles-in-one-go Hull to Filey coastal walk last weekend! He may even be able to walk without hobbling again soon!

Thank you to everyone who sponsored him. All the money raised is going to the St Nicholas Church Big Build Fund to replace the Tower Room roof and the Church heating system. It's not too late to add your bit, so that this epic endeavour raises an equally epic amount, and to show Nick how much his effort was appreciated.

Donations can be given to any Churchwarden, online via the [dedicated Golden Giving page](#), or sent to St Nicholas Church bank account (making sure the donation is identified as being for Nick's walk). Thank you!

A Thank You from Terry Joyce. Debbie and I would just like to say a huge thank you for the precious comments, wonderful gifts, good wishes and prayers offered for us as Terry prepares to retire. We are especially grateful for the generous cheque given by the benefice, and we will enjoy deciding how to spend it in a way that enables us to remember the rich and wonderful time we have been able to share with you. With our love. Terry and Debbie.

Lesson readers wanted (St Nicholas Church)

Now that 10.30 services at church on Sundays have now been resumed, a new rota of lesson readers needs to be drawn up.

I will be contacting everyone who has kindly volunteered in the past to see if they are willing to continue. It would be good to have some fresh faces, so if you haven't previously volunteered and would like to join the rota, please let me know.

Sandra Broadbent has coordinated and prepared this rota for the past 15 years, but now wishes to step down. We are hugely grateful for her service over all these years and hope that someone else will come forward to take on this role. If you think this is a service you could offer, I would be most grateful.

Looking forward in anticipation to my prayers being answered!
Carole tel. 07508 834565 carolewhite333@hotmail.com



Lectionary Corner

5 August: Oswald, King of Northumbria, Martyr 642

6 August: Transfiguration of Our Lord

[This week's full lectionary info.](#)



Dunnington Methodist Church

Dear Friends, now we have had our final service at the Methodist Chapel, there is unlikely to be any 'news' directly from Dunnington until later in the year. The stewards will continue to copy the news from the circuit to this newsletter until the last week in August after which time we would encourage you to ask to be put on the mailing list personally. (Details in box at bottom of page).

If there is anything else we might be able to help you with, do not hesitate to call one of the stewards: Anne Castle 481656, Diane Conway 489495 or Chris Spedding 481867.

News from the Methodist Circuit this week

Circuit office. From August Lois and Angie will be back in the Circuit office for part of the week, so paperwork can once again be sent there. However if you want to pay us a visit please email or call first to check, as we don't expect to be there every day at present.

Worship. Online worship produced by the Circuit can be found on the [Circuit YouTube channel](#) and a [list of online worship services around the Circuit](#) is available.

Organ arrangements. As part of his Sabbatical, Ian Hill has been writing out alternative arrangements of the last verses of some popular hymns. These can be e-mailed to any organists who may be interested. Paper copies could also be provided for anyone who isn't able to receive them by e-mail. Contact: ian-c.hill@sky.com

Organ Recitals at Central start Thursday 5 August at 12:30pm! We are delighted to restart our organ recitals, with following players lined up for you:

- * Thursday 5 August 1230pm - Tim Jones (York)
- * Thursday 2 September 1230pm - Robert Sharpe (York Minster)
- * Thursday 16 September 1230pm - Philip J Paul (Central).

Admission free with retiring collection. Covid measures in place (hand gel available, masks recommended for those who are able to use them, plenty of room for social distancing, NHS Track & Trace).

We are also planning an Autumn music programme on Sunday afternoons - more details to follow.

Praying for our Circuit. The church on the Circuit Prayer Rota for 1 August is **Copmanthorpe**. Let us thank God for the work of God in that place, and pray for the church as they consider how best to respond to God's call at this time.



Receiving the Circuit News. Anyone is welcome to receive the Circuit News. Contact Lois Cross, Circuit Support Manager & PA to the Superintendent, on yorkcircuitoffice@gmail.com or 07984 019995. (Please note that Lois is currently working flexibly and there may be some delay in responding to emails. Thank you for your patience).

York Methodist Circuit Hub, Melbourne Terrace Methodist Church, Cemetery Road, York, YO10 5AF

To receive newsletters by email, contact grapevine.rey@gmail.com. They are also available on the [St Nicholas Church website](#). To receive the Methodist Circuit News, please contact the office by email yorkcircuitoffice@gmail.com or phone 07984 019995.

Next newsletter on **Sunday 8 August**. [Email items to grapevine.rey@gmail.com](mailto:grapevine.rey@gmail.com) by **9.00 am on Thursday 5 August**